

YMCA CALOUNDRA CLASS SCHEDULE - 2017

CLASS offers	DAY					
	MON	TUES	WED	THURS	FRI	SAT
KINDERGYM - U5yrs						
Tumble Tots - 1 to 2yr old (with carer)					9.25-9.50am	
Gym Tots -2 & 3yrs (with carer)	10.00-10.55	10.00-10.55	10.00 -10.55	10.00-10.55	10.00 - 10.55	
Mini Gym 4yrs + (no carer - with coach)	11.00 -12.00	11.00 -12.00	10.00-11.00	11.00 -12.00	11.00 - 12.00	
GYM Play - must be walking to 5yrs (2 children only with 1 adult)			11.00-12.00			
PREP	3.30-4.15	3.30-4.15	3.30-4.15	3.30-4.15	3.30-4.15	
STEP 1 Special Olympics (6-10yrs) 1 class per week			4.15-4.45			
STEP 1 (6-7yrs) 1 class per week	3.30-4.30	3.30-4.30	3.30-4.30	3.30-4.30 4.30-5.30	4.30-5.30	8.30-9.30
STEP 2 (8yr+) 1 class per week	3.30-4.30 4.30-5.30	3.30-4.30 4.30-5.30	3.30-4.30	3.30-4.30 4.30-5.30	3.30-4.30	9-10.30.30
STEP 3 (7yr+) 1 class per week	3.30-4.30 4.30-5.30	3.30-4.30 4.30-5.30	4.30 - 5.30	3.30-4.30	3.30-4.30	10.30-11.30
STEP 4 - ALL 1 x class per week	3.30-4.30 4.30-5.30	4.30-5.30	4.30-5.30	3.30 - 4.30	3.30 - 4.30	11.30-12.30
STEP 5 GIRLS only 1 x classes per week	4.30-5.45	4.45-6.00	3.30-4.45	3.30-4.45	4.45-6.00	10.15-11.15
PARCOURS NIV1 (STEP4+)						
STEP 5-6 BOYS only 1-2 classes per week			3.30-4.45		4.00-5.15	
STEP 7-8 BOYS only 2 classes per week			4.45-6.15		5.15-6.45	
PARCOURS NIV2 (STEP 5)						
STEP 6 GIRLS only Must attend 2 classes/week	5.45-7.00	3.30-4.45	4.45-6.00	4.30-5.45	3.30-4.45	10.15-11.30
STEP 7 GIRLS only Must attend 2 classes/week	3.45-5.15	6.00-7.30	3.45-5.15 4.45-6.15	4.45-6.15	6.00-7.30	
STEP 8 GIRLS only Must attend 2 classes/week				6.15-7.45		11.30-1.00
STEP 9 GIRLS only Must attend 2 classes/week						
TUMBLING (STEP 7+) 1 x class per week						
ADULT GYMNASTICS (16yr+) Thur BEG = Step 1-2-3 Thur INT = Step 4-7		7.30-8.30pm		7.30-8.30pm		
TEEN STEPS(14yr+) OPEN PARCOURS						
BELOW CLASSES ARE BY INVITATION ONLY - ASSESSMENT ENTRY LEVELS						
MAG Team- Team 2 3 x classes per week 10 hrs		4.30-7.30pm		4.30-7.30pm		6.00 - 10.00am
MAG Team- Team 1 5 x classes per week 14 hrs		6.00-8.00am 4.30-7.30pm XG		6.00-8.00am 4.30-7.30pm		6.00 - 10.00am
WAG Team 3 3 x classes per week 9 hrs		4.30-7.30pm		4.30-7.30pm		6.00 - 9.00am
WAG Team 2 4 x classes per week 13 hrs	4.30-7.30pm		4.30-7.30pm		4.30-7.30pm	6.00 - 10.00am
WAG Team 1 5 x classes per week 15.5 hrs	4.30-8.00pm	6.00-8.00am	4.00-8.00pm	6.00-8.00am	4.30-8.30pm	