

YMCA CALOUNDRA

- GYMNASTICS PROGRAM OVERVIEW -



Overview of Gymnastics at YMCA Caloundra

How to Join?

Go onto our website at www.ymcagymnastics.com.au/caloundra and click on the red arrow for new members and follow the prompts to open your "active carrot" account. Add your children into your account and then select your class from the available class list. If you class choice is not showing please send an email to : caloundra@ymcabrisbane.org . All the information you need is in step-by-step easy to follow instructions to complete your enrolment online. If you have any enrolment queries or issues please contact our Admin Team on 5438 0944 or by email on caloundra@ymcabrisbane.org

What to Expect from Our Coaches!

All our coaches have Gymnastics Australia Coaching Accreditations and hold QLD Government Suitability Cards from the Commission for Children and Young People. All our staff run the YMCA Caloundra Gymnastics School Syllabus that has been developed and implemented in the gym to ensure your child the best possible future within gymnastics.

Where to go?

YMCA Centre, Corner of Arthur Street & Central Park Road, Caloundra. Opposite John Wallace Swim School. Turn into Central Park Road from Arthur Street with the entry into YMCA Caloundra Centre from the shared carpark with Caloundra Aquatic Centre on the right. We are currently in the middle of our project building our new State of the Art Gymnastics Venue to be finished approx. mid-March. Please be careful during this time.

What to wear?

Girls should wear a leotard with shorts-tights OR tee-shirt and shorts-tights.
Crop tops NOT to be worn.
Boys should wear gym shorts (footy shorts) and a singlet top.
All children need to **bring a water bottle and socks to class.**
No Loose baggy clothing also for safety reasons.
No Jewellery, no food, no drink while on the gym floor.
No chewing gum & no valuables in the gym at any time.

What to do when you arrive at the gym?

Children should be encouraged to use the bathroom and wash their hands
Find a seat in the seating area
Put on their socks and have their water bottle ready
Coaching Staff will call the children into the gym at class start time.
Entry is through the Glass entry door in the hallway near the bathrooms.
If your running late please take your child in through the door and wait for a coach to give you further directions.

How Many Classes per Week?

We suggest you do one class per week till your child desires to come more often and is becoming more competitive about their learning outcomes. Then call the office to make a time to talk to our team of your child's program to discuss the best possible class and hours for your child.

Additional Gymnastics Fees?

Gymnastics Australia registration fees need to be paid at the start of each calendar year. This fee of \$50/child will be added to your invoice with your term tuition on your commencement with YMCA Caloundra Gymnastics. If you are transferring from another gymnastics club this fee will not be payable if you're already a GA member for the current year. Costs are incl. of GST and payable January of each year or prior to start each term. There is also a small equipment levy of \$7/term/child with each term tuition billed cycle.

Parking & drop-offs?

Parking is available on the north side of our venue in Arthur Street. Please park behind our building in the main carpark and enter through the glass doors on our Gymnastics Hall. We do not encourage parents to drop-off children as the carpark is very busy in peak times and dangerous for children to navigate on their own. Please park and bring your child/ren into classes.

YMCABRISBANE.ORG

Safeguarding children and young people at YMCA is very important and the YMCA has a range of policies and procedures that aim to keep children and young people who participate in our programs and services safe. Details of these policies are available at www.brisbaneymca.org along with information on how you can report child safety concerns.

YMCA Caloundra - Gymnastics

Cnr. Arthur St. & Central Park Rd., Caloundra Q 4551

Email: caloundra@ymcabrisbane.org

www.ymcagymnastics.com.au/caloundra

(07) 5438 0944

"Begin Here - Achieve Everywhere"

